

COVID-19 UPDATE AND ADVICE FOR TOLLESBURY RESIDENTS

WELCOME!

***These are still uncertain times, but Tolls Vols are certainly still here for you!
We are here at least until mid-August, then as long as it takes.***

Since March we have been able to assist more than 100 residents across the village. This second edition of Tolls Vols News contains information to help you.

The C19 emergency is entering a new phase, but no vaccine is forecast any time soon, so social distancing remains vital. Literally vital. Medical science learns more about the virus every day, but many things about it are confusing. The best technical advice is that we all must continue to be extremely careful. A new wave of infections – the so-called 'second spike' of the virus – would be devastating. Be alert to the issues. Public transport and other crowded spaces are risky because it is impossible to guarantee social distancing. It is not safe to mingle in large groups.

Please keep displaying your GREEN/RED leaflet – use the GREEN side unless there is an emergency in your home! Our website is updated regularly – check it out for further information, advice and links to other organisations that can provide help.

The community of Tollesbury is doing this together – we know we can! Huge thanks to every single Volunteer – including some still in reserve – we are all here to help. ***Stay safe everyone!***

IT'S OK TO NOT BE OK!

Confusing times for everyone, so please do not suffer alone or in silence.

- How have you been feeling lately?
- Are you eating normally?
- How are you sleeping?
- Would like to talk about anything?
- Need any practical help?

Tollesbury Helpline leads to assistance. Ask for **CHECK-IN**, for a friendly phone call. Other organisations are also available to respond.

TOLLESBURY SURGERY

Our great team of doctors and nurses continues with appointments, clinics and support. Rather than turn up at the surgery, phone them for advice or an appointment. For a persistent cough or fever, phone NHS 111.

A LISTENING EAR

Jo Lacey, our Parish Nurse is sponsored by our local churches. She is someone with a wealth of professional experience and is available on the phone. Whether it is a health or emotional concern, or you are just feeling anxious or confused – Jo could be able to assist you – she would love to hear from you.

SAFEGUARDING

Volunteers observe a safeguarding policy and guidelines: see our website for details, or send us an email, or just ask via a **Tollesbury Helpline**.

SEE OVER FOR ALL CONTACT DETAILS

TAYLOR'S CHARITY TRUST (No: 211742)

In helping residents, Tolls Vols are fortunate to have the support of Taylor's Charity Trust.

HISTORY – the charity originated from the legacy of Robert Tailler (or Taylor), formerly of Tollesbury. In his Will dated 1652 he left two fields in Tolleshunt Knights and stipulated that the income from them should serve the needs of people in Tollesbury. More than 350 years on, the charity continues to observe Robert Tailler's wishes.

TRUSTEES – the Trustees are Jeremy Heigham (Chair), Isabel Adcock, Harry Nixon, and Roy Clare. The Charity Secretary is Michelle Curtis.

SUPPORT AVAILABLE – the charity is available to support residents in Tollesbury during the C19 emergency, by acting as a 'bank' for routine shopping; or making a Loan or Grant, subject to application.

AS A 'BANK' – a volunteer who arranges to go shopping for a resident can submit the receipt to the Charity Secretary and be reimbursed via electronic bank transfer. In turn, the resident repays the sum to the Charity, again electronically. No application is necessary for this service, simply discuss via the Helpline or with your area Volunteer.

FOR A LOAN or GRANT – alternatively, subject to eligibility, Trustees can authorise a Loan or a Grant as a last resort. The purpose is to assist those who are most at risk and

who need financial assistance for food and essential household goods. Applications, in strict confidence, to the Charity Secretary.

DONATIONS – gifts of money or bequests of land to support the ongoing work of Taylor's Charity are warmly welcomed. Some recent donations have been gratefully received and are immediately making a difference. Kindly enquire through the Charity Secretary.

CONFIDENTIALITY – Taylor's Charity handles personal data in accordance with the requirements of the General Data Protection Regulations (GDPR). Applications for Loans or Grants are handled in strict confidence. Further details: contact the Charity Secretary.



Illustration by kind permission of Charlie Mackesy

MAKING CONTACT

HERE FOR YOU!

HOW CAN WE HELP?

Requests, suggestions and information: email tollesburyvolunteers@gmail.com

Tollesbury Helplines: 07716 955 338 / 07934 723 187 / 07934 716 351 (8.30am–5.30pm daily)

Tolls Vols website: www.tollesburyvolunteers.com (check it out – it's filled with information!)

Also:

Parish Nurse (Jo Lacey): 07368 498 908 or nurse@blackwaterparishnursing.org.uk

Samaritans: 116 123. Mind: 01206 764600. Age UK: 0800 678 1602. Shout: text 85258.

Medical: Tollesbury Surgery 01621 869 204. Or: 111. Or: visit www.111.nhs.uk

EMERGENCY: 999